



**Night of Day**, by *Aaron Leong*

**Medium:** Oil on canvas

**Description:** A visual representation of the various mental and psychological distortions of a person suffering from Seasonal Affective Disorder is depicted by the haphazard manner in which the four seasons are assembled in the same scene. In the the foreground, dark and dreary colours predominate in the painting and are used to express the gloom of winter. The shadow of the overcast winter insidiously "eats away" the felicity and serenity of the other seasons. Anxiety, bleakness and anguish associated with the colder months bring on a depressed state of mind. Gradually, the sunny disposition of summer fades away into background.

*Aaron Leong* is a 2nd year medical student at McGill University. He obtained a B.Sc. in physiology from the National University of Singapore. He has an avid interest in fine arts and in performing arts. His research interests include epidemiology, sociobiology and healthcare for minority groups.

